

# **JAMAICAN SELF-HELP Youth Awareness Trips 2012**

## **Application and Selection Criteria**

The selection process for participants is very important to the success of the experience for them, for Jamaican Self-Help and for our partners in Jamaica.

In general, not all that apply are selected.

Interested individuals should submit a written application (see attached) along with two letters of reference by the application deadline. Two or three experienced leaders conduct a personal interview, which usually lasts about 20 minutes. We look for applicants with the following qualities suitable for the experience:

- Curiosity and open-mindedness about another culture
- Ability to listen and respond thoughtfully
- Past experience with volunteer work: sense of caring
- Past experience with groups, evidence of sharing space, food etc.
- Sense of humour, cheerful outlook
- Self-possession; ease at meeting people
- Ability to reflect on one's own values
- Lack of fears, or at least reasonable questions about safety, insects, heat etc.
- Understanding that this is a restricted kind of experience, with little personal freedom
- Willingness to live cheerfully with restrictions
- Familiarity with the guidelines and willingness to agree with its contents.

At the conclusion of the interviews, the interviewers meet to evaluate the candidate's qualifications. A letter offering a place in the programme is forwarded to the successful candidates. They reply by the due date, with a \$100.00 non-refundable deposit. Other meeting dates and a payment schedule are provided after that time.

Non-successful candidates will also be advised by letter.

Jamaican Self-Help does not pay for airline tickets until payment has been received.

**CANDIDATES MUST ATTEND BRIEFING SESSIONS, OR FORFEIT THEIR PLACE IN THE PROGRAMME.**

**JAMAICAN SELF-HELP  
APPLICATION FORM  
STUDENT AWARENESS TRIP 2012**

Select one or both:

March 2012

July 2012

NAME: \_\_\_\_\_  
(as it appears on your passport or birth certificate)

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ (h) E-MAIL: \_\_\_\_\_

SCHOOL: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

NEXT OF KIN:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_ (daytime) \_\_\_\_\_ (evening)

ANY OTHER CONCERNS OR PHYSICAL LIMITATIONS WE SHOULD BE AWARE OF  
(e.g. food allergies)

I have read the *Guidelines for Participants*, including the necessity of my participation in the orientation & briefing session, and I agree to it.

APPLICANT'S SIGNATURE: \_\_\_\_\_

PARENT'S SIGNATURE: \_\_\_\_\_  
(if applicant is under 18 years of age)

DATE: \_\_\_\_\_

**Please enclose two letters of reference. One should be from your school, and one from your home community or workplace.**

1. Tell us about yourself. What are your interests? What volunteer work have you done?

2. What skills do you have that will contribute to this group?

3. Give a brief summary of your travel experiences.

4. If you have ever visited a developing country, describe your experiences. If you have not, describe your expectations.

5. How did you hear about this programme?

6. Please explain why you wish to be a part of this educational programme. Be specific.

7. What are your short and long term goals?

8. How do you hope to raise money for your trip?

9. What else would you like us to know about you? Why should you be accepted into this programme?

Thank you for your interest in Jamaican Self-Help.

PLEASE RETURN this **application form** with **two reference letters** (one from a teacher at your school) and the **completed “Schedule A: Acknowledgement and Acceptance of Guidelines”** by October 21, 2011 to:

JAMAICAN SELF-HELP  
P.O. Box 1992  
129 ½ Hunter Street, Unit 9  
Peterborough, Ontario, K9J 7X7

Tel: (705) 743-1671 Fax: (705) 743-4020 Email: [jsh@nexicom.net](mailto:jsh@nexicom.net)

**Jamaican Self-Help  
ACKNOWLEDGEMENT AND ACCEPTANCE OF  
GUIDELINES FOR PARTICIPANTS**

I acknowledge that I have read and agree to abide by the JSH Awareness Trip Guidelines for Participants, specifically:

INITIAL

1. To support and respect the work done by Jamaican Self Help especially in the community in which I am to do my volunteer placement. \_\_\_\_\_
2. To participate fully in all mandatory briefing sessions prior to departure, and group meetings while in Jamaica. \_\_\_\_\_
3. To participate fully in the de-briefing session(s) upon returning to Canada. \_\_\_\_\_
4. To pay the required amount for the trip by meeting the scheduled payment dates. To participate in group fund raising activities if I wish to benefit from the proceeds of these events. \_\_\_\_\_
5. To live by the rules of the residence in which the group is accommodated. \_\_\_\_\_
6. To read the limitations of travel health and cancellation insurance provided by the travel agent and to personally pay for any additional insurance which I feel I may require. \_\_\_\_\_
7. To follow the guidelines for field trips as required by my high school, college or university (where applicable). \_\_\_\_\_
8. To accept responsibility for my personal health. To complete the required medical forms honestly and completely. \_\_\_\_\_
9. To accept and follow the rules regarding personal and group security while in Jamaica as requested by the group leaders. \_\_\_\_\_
10. To accept the travel arrangements made for me by the group leaders. \_\_\_\_\_
11. To accept and follow the suggested dress code. \_\_\_\_\_
12. To accept and embrace the rationale of the Principles of Simplicity. \_\_\_\_\_
13. To accept the requested restrictions on movement and privacy, to refrain from the use of alcohol and non-medical use of drugs. \_\_\_\_\_
14. To recognize the qualities useful for overseas living and to do my best to adapt to new challenges as they are presented. \_\_\_\_\_
15. To recognize the need to take extra supplies for our Jamaican hosts and to willingly give up some personal luggage allotment if required. \_\_\_\_\_

(PLEASE TURN OVER)

INITIAL

16. To agree to sign the commitment card which specifically deals with substance abuse. \_\_\_\_\_
17. To accept that I cannot carry on a relationship with anyone in the group during the trip. \_\_\_\_\_
18. To agree to sign the Release, Waiver and Indemnity form. \_\_\_\_\_

DATE: \_\_\_\_\_

PARTICIPANT NAME \_\_\_\_\_

PARTICIPANT SIGNATURE \_\_\_\_\_

WITNESS NAME \_\_\_\_\_

WITNESS SIGNATURE \_\_\_\_\_